



News Release

ATCO BLUE FLAME KITCHEN

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For Immediate Release

November 27, 2014

ATCO BLUE FLAME KITCHEN UNVEILS NEW HOLIDAY COLLECTION COOKBOOK Features full range of holiday recipes paired with easy-to-follow online video tutorials

CALGARY, Alberta – ATCO Blue Flame Kitchen has released the 2014 edition of its popular annual Holiday Collection cookbook. The latest in a longstanding series that has found its place in household kitchens throughout the province, this year's holiday cookbook features a diverse range of flavours and ingredients, adopting current food trends while presenting them in a thoroughly tested, easy-to-follow format.

The recipes range from appetizers to desserts, and include [Edamame-Crusted Lamb Lollipops](#), Smoked Salmon and Avocado Crepes, Brie-Stuffed Baguette French Toast, Roasted Beet and Blue Cheese Salad, Port-Poached Pears, and Eggnog Panna Cotta, along with mouth-watering photography, nutritional analysis, tips on entertaining and home safety information.

"We've been preparing some festive meals at ATCO Blue Flame Kitchen, testing new techniques and creating versatile new recipes to help ease the stress of feeding both families and hungry holiday party guests," said J.P. Gerritsen, Supervisor, Culinary Programs, at ATCO Blue Flame Kitchen. "We have also made major strides to support today's families in the digital-friendly kitchen."

A selection of the recipes in the cookbook have accompanying video tutorials that are available on the YouTube channel at youtube.com/TheBlueFlameKitchen. "These chef-led demonstrations guide you through making everything from English muffins to candied orange peels," he adds.

The price of Holiday Collection is \$15 + GST and it is now available at ATCO Gas and ATCO Electric offices throughout Alberta. Copies can also be ordered through the toll-free cookbook order line at 1-800-840-3393, or online at www.atcoblueflamekitchen.com.

A newly updated version of ATCO Blue Flame Kitchen's smartphone and tablet app has also just been released. New features include integrated YouTube video tutorials to accompany a selection of recipes, as well as a notes field for adding your own substitutions and cook's notes to recipes you've made, and social sharing options that make it easier than ever to point friends and family in the direction of a great recipe. Best of all, it remains a free download from Apple's App Store.

ATCO Blue Flame Kitchen is a service provided by ATCO Gas that has been delivering natural gas safety information, energy efficiency tips and household advice related to food, cooking, recipes, stain removal and other household problems to Albertans for 85 years. Visit us online for great recipes, how-to videos, kitchen safety tips and more at www.atcoblueflamekitchen.com or call 1-877-420-9090 toll free. As an Alberta based, province-wide natural gas distribution company, ATCO Gas serves more than 1.1 million customers in nearly 300 Alberta communities and is part of the ATCO Group of Companies.

With more than 9,000 employees and assets of approximately \$18 billion, ATCO is a diversified global corporation delivering service excellence and innovative business solutions through leading companies



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engaged in Structures & Logistics (manufacturing, logistics and noise abatement), Utilities (pipelines, natural gas and electricity transmission and distribution) and Energy (power generation and sales, industrial water infrastructure, natural gas gathering, processing, storage and liquids extraction). More information can be found at www.atco.com.

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