



News Release

ATCO BLUE FLAME KITCHEN

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For Immediate Release

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ATCO BLUE FLAME KITCHEN UNVEILS NEW BARBECUE COOKBOOK

EDMONTON, Alberta – ATCO Blue Flame Kitchen has released its 2014 edition of *From the Grill*, the latest addition to its popular long-running series of barbecue cookbooks.

The 2014 edition features a sizzling collection of recipes, from flavourful marinades and grilled meats to desserts, including Grilled Naan Bread Pizza, [Braised Pork Tacos](#), Apricot-Glazed Ribs, Flank Steak with Zesty Chimichurri, Grilled Panzanella Salad, Glazed Barbecued Duck, Bison Burgers with Maple Shallots, and [Grilled Banana Splits](#). Accompanying the recipes are mouth-watering photography, nutritional analysis, tips on outdoor cooking and barbecue safety information. With this collection of kitchen-tested recipes, even a basic backyard barbecue can become a culinary adventure.

“We’ve been busy grilling up a storm at ATCO Blue Flame Kitchen, testing new techniques and updating classic recipes,” said J.P. Gerritsen, Supervisor, Culinary Programs, ATCO Blue Flame Kitchen. “We have also made major strides to recognize and support the way today’s families are engaging in a digital-friendly kitchen.”

The new book features convenient digital tools, such as QR codes, that will help the family chef easily move from the printed page to online guidance through our series of chef-led helpful how-to videos.

The price of *From the Grill* is \$15 + GST and it is now available at ATCO Gas and ATCO Electric offices throughout Alberta. Copies can also be ordered through the toll-free cookbook order line at 1-800-840-3393, or online at www.atcoblueflamekitchen.com.

ATCO Blue Flame Kitchen is a service provided by ATCO Gas. ATCO Blue Flame Kitchen has provided Albertans with natural gas safety information, energy efficiency tips and household advice related to food, cooking, recipes, stain removal and other household problems for more than 80 years. Visit us online for great recipes, how-to videos, kitchen safety tips and more at www.atcoblueflamekitchen.com or call 1-877-420-9090 toll free. As an Alberta based, province-wide natural gas distribution company, ATCO Gas serves more than one million customers in nearly 300 Alberta communities and is part of the ATCO Group of Companies.

ATCO Group, with more than 9,800 employees and assets of approximately \$16 billion, delivers service excellence and innovative business solutions worldwide with leading companies engaged in Structures & Logistics (manufacturing, logistics and noise abatement), Utilities (pipelines, natural gas and electricity transmission and distribution), Energy (power generation, natural gas gathering, processing, storage and liquids extraction) and Technologies (business systems solutions). More information can be found at www.atco.com.

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